

I'm a shy cat!

Thank you for adopting a shy cat! Let's get to know each other! Here are some tips to help make my transition home easier.

Patience- please remember that a shy cat is still learning trust. We are introverts by nature, and we form strong bonds with those we've been allowed time to get to know.

Food- A shy cat benefits from food bonding activities. Feed me wet food from your hand or rest a hand on me or pet me while I eat. I will associate positive things from you, and this will help me bond.

Safe vantage points- Shy cats need safe vantage points like a cat tree or shelf, or kitten cage to safely watch you and get to know you better. Please do not give me run of the whole house at first, maybe not even for a little while because I will hide. Common hiding places are closets or under furniture. By giving me safe vantage points (I need up high places to perch), I will learn safety by watching you, and your family and I will be unable to resort to old hidey habits.

Play- Give me a variety of toys, especially interactive ones. Teach me that life is also full of fun!

Stress- Keep my life as low key as possible right now. You might want to spray my new home with Feliway or Comfort zone pheromone spray for cats. You can also get great new tips from watching [My Cat From Hell](#) with Jackson Galaxy. We can even cuddle and watch it together!